

## **Supervision Tracks by Discipline**

- 1. Social Worker- In the state of Texas, to be a social worker you need to hold a degree in social work from an accredited college or university program and be licensed. The below list is not inclusive of all social work licensures. The levels listed below include the current supervision tracks with corresponding licensures offered by ACER and Metrocare.
  - a. Bachelor's Level- For licensure as an LBSW in Texas, an individual has been conferred a baccalaureate degree in social work from a CSWE-accredited social work program and has passed the bachelor's examination administered nationally by ASWB.
  - b. Master's Level- For licensure as an LMSW in the State of Texas, an individual has a master's degree in social work from a CSWE-accredited social work program or a doctoral degree in social work from an accredited university acceptable to the Council and has documentation in the form of a university transcript of successfully completing a field placement in social work and has passed the Master's examination administered nationally by ASWB.
  - Licensed Clinical Social Work- For licensure as an LCSW, the individual has been conferred a master's degree in social work from a CSWE-accredited social work program or a doctoral degree in social work from an accredited institution of higher learning acceptable to the Council and has documentation in the form of a university transcript of successfully completing a field placement in social work. (B) Has had 3000 hours of supervised professional clinical experience over a period of at least 24 months, or its equivalent if the experience was completed in another jurisdiction. Hours accrued in nonclinical settings may be used to satisfy the requirements of this rule if the applicant works at least 4 hours per week providing clinical social work as defined in §781.102 of this title. (C) Has had a minimum of 100 hours of supervision over the course of the 3000 hours of supervised experience with a council-approved supervisor. If the social worker completed supervision in another jurisdiction, the social worker shall have the supervision verified by the regulatory authority in the other jurisdiction. If such verification is impossible, the social worker may request that the Council accept alternate verification of supervision. (D) Has passed the Clinical examination administered nationally by ASWB.

## 2. Psychologist

a. Pre-doctoral- The Pre-doctoral Cohen Internship requires a 12-month commitment for those seeking licensure as a psychologist. The Cohen Clinic seeks psychology internship applicants who are interested in gaining training experience providing direct client care to Veterans or Veteran family members. Pursuant to the Texas State Board of Examiners of Psychologist's Texas Administrative Code (TAC) Rule §463.11for licensing requirements, each intern must: Accrue at least 1750 hours to be completed in not less

than 9 months and not more than 24 months. This will meet the professional experience requirements for licensure in most licensing jurisdictions. Interns will spend a minimum of 25% of their time providing professional psychological services (e.g., face-to-face patient or client contact), At least 50% of the hours must be in service-related activities, defined as treatment or intervention, assessment, interviews, report-writing, case presentations, and consultations. The internship must include a minimum of two hours per week of regularly scheduled formal, face-to-face individual supervision. Individual face-to-face supervision shall consist of no less than 25% of the time spent in service-related activities; the supervising psychologist must be a member of the staff at the site where the practicum experience takes place. There must also be at least four additional hours per week in learning activities such as: case conferences involving a case in which the intern was actively involved; seminars dealing with psychology issues; co-therapy with a staff person including discussion; group supervision; additional individual supervision.

- b. Post-doctoral Fellowship (Cohen Military Family Clinic)-The Postdoctoral Fellowship requires a 12-24-month commitment for those seeking licensure as a psychologist. This is a full-time employment position, and fellows will be compensated as Metrocare Services employees, including salary in the employment offer letter and benefits. The program is not APA-accredited but is set up to follow equivalent training experiences found in an APA-accredited or APPIC member program. Each fellow will accrue at least 1500 hours to be completed in not less than 9 months and not more than 24 months, which will meet the professional experience requirements for licensure in most licensing jurisdictions, including meeting criteria for the Texas State Board of Examiners of Psychologists. Fellows will spend a minimum of 50% of their time providing professional psychological services, with the remaining time spent performing administrative and learning activities (e.g., didactic training, consultation, report writing, etc.; a minimum average of 2 hours weekly of learning activities).
- 3. Professional Counselor- We offer training that sends future licensed professional counselors in the field equipped to provide the latest evidence-based practices and recovery-orientated services. Healthcare professionals who choose careers in mental health are a special group. We believe they deserve a special level of commitment and resources.
  - a. "Applicants for field supervision/internship must be enrolled in an accredited counseling graduate program, either by a counseling-specific accrediting organization or by a regional graduate education accrediting body. Obtaining professional counselor licensure requires a master's degree in counseling or a related field, which includes an internship and practicum, and pre-requisite coursework of between 48-60 credits" (American Counseling Association., 2023). The Texas Behavioral Health Executive Council (BHEC) requires a supervised practicum experience, primarily counseling in nature, which includes at least 300 clock hours, of which at least 100 hours must be direct client counseling.
  - b. All applicants for LPC licensure must complete supervised experience acceptable to the Council of 3,000 clock hours under a Council-approved supervisor. All internships physically occurring in Texas must be completed under the supervision of a Council-

approved supervisor. The applicant must provide documentation regarding the supervisor's qualifications that is acceptable to the Council. The supervised experience must include at least 1,500 clock hours of direct client counseling contact. Only actual time spent counseling may be counted. An LPC Associate may not complete the required 3,000 clock hours of supervised experience in less than 18 months. The experience must consist primarily of the provision of direct counseling services within a professional relationship to clients by using a combination of mental health and human development principles, methods, and techniques to achieve the mental, emotional, physical, social, moral, educational, spiritual, or career-related development and adjustment of the client throughout the client's life. The LPC Associate must receive direct supervision consisting of a minimum of four (4) hours per month of supervision in individual (up to two Associates or group (three or more) settings while the Associate is engaged in counseling unless an extended leave of one month or more is approved in writing by the Council approved supervisor. No more than 50% of the total hours of supervision may be received in group supervision. An LPC Associate may have up to two (2) supervisors at one time.

## 4. Behavioral Analyst-

- a. Board Certified Behavioral Analyst-RBT- High School Level-Registered Behavior Technician® (RBT®). Eligibility Requirements To earn RBT certification, you must meet certain eligibility requirements and pass the RBT certification exam. These requirements were established to ensure that entry-level behavior technicians have demonstrated the knowledge, skills, and abilities necessary for delivering behavior analysis services under the supervision of a qualified supervisor. To apply, you must: be at least 18 years old, have completed high school-level education or equivalent, pass a criminal background check and an abuse registry check, obtain 40 hours of qualified training, and successfully complete an RBT initial competency assessment. You must have ongoing supervision from an RBT Supervisor or RBT Requirements Coordinator to practice as an RBT after you pass the certification examination. We recommend applying once you have identified a work setting where you will receive appropriate supervision. Once you meet the eligibility requirements, Submit an RBT certification application. Once your application is approved, you must pass the RBT certification examination.
- b. BCaBA- Bachelor's Level- Board Certified Assistant Behavior Analyst (BCaBA) An undergraduate-level professional in behavior analysis who practices under the supervision of a BCBA or FL-CBA. Eligibility Pathways: You may apply for BCaBA certification through one of the following pathways. Each pathway requires a degree, behavior-analytic content, supervised fieldwork, and passing the BCaBA certification examination. Overview of Eligibility Pathways Pathway 1: Degree From ABAI-Accredited Program Pathway 2: Behavior-Analytic Coursework Degree Bachelor's degree or higher from an ABA-accredited program Undergraduate degree Behavior-analytic content Behavior-analytic coursework Fieldwork Practical fieldwork in applied behavior analysis Practical fieldwork in applied behavior analysis.
- c. BCBA- Graduate Level- Board Certified Behavior Analyst® (BCBA®) A graduate-level professional in behavior analysis who is able to practice independently and provide

supervision for BCaBAs and RBTs. You may apply for BCBA certification through one of the following pathways. Each pathway requires a degree, behavior-analytic content, supervised fieldwork, and passing the BCBA certification examination. Overview of Eligibility Pathways Pathway 1: Degree From ABAI-Accredited or ABAI-Recognized Program Pathway 2: Behavior-Analytic Coursework Pathway 3: Faculty Teaching and Research Pathway 4: Postdoctoral Experience Degree Master's degree or higher from an ABAI-accredited or ABAI-recognized behavior analysis degree program.

## 5. Marriage and Family Therapist

- a. Associate License Requirements- Graduated from a program accredited by COAMFTE with a master's or doctoral degree in marriage and family therapy or a related mental health field with equivalent coursework (or another accredited program that includes a practicum of 9 credit hours or 12 months); passed the AMFTRB exam and a jurisprudence exam; must submit a supervisory agreement form; this license is valid for two years, and may be renewed biennially for up to six years.
- b. Marriage and Family Therapist License Requirements- completion of the requirements for the LMFT Associate license.; completion of two years of full-time supervised work experience. Must include at least 3,000 hours of board-approved, supervised marriage and family therapy practice experience. 1,500 hours of which must be in direct clinical services, with 750 hours of working with couples or families. 200 hours must be directly supervised, 100 of which must be individual supervision. Up to 500 hours may be transferred from the practicum completed during a COAMFTE-accredited doctoral program with the completion of 200 hours of direct supervision, 100 of which must be individual.