



We serve our neighbors with developmental mental health challenges by helping them find lives that are meaningful and satisfying.

## Who We Are

Metrocare is Dallas County's Local Intellectual & Developmental Disability Authority (LIDDA). We serve as the front-door to coordinate all publicly funded intellectual and developmental disability programs.

Our goal is to help your loved one access the services needed to live in the community and achieve the highest quality of life.

First, our team determines if your loved one is eligible to receive Texas IDD Services. Then, we help connect you to the right resources and supports across our extensive provider network.

**“Where every person can reach their fullest potential.”**

## Contact Us Today!



[metrocareservices.org/lidda](https://metrocareservices.org/lidda)

1330 River Bend Drive  
Suite 300  
Dallas, TX 75247-4914  
(214) 333-7000

**IS YOUR LOVED ONE IN CRISIS?**  
214-333-7000

Metrocare's crisis team is here to help 24 hours a day, 7 days a week.

Check us out and follow



metrocare.lidda



**DALLAS COUNTY'S LOCAL  
INTELLECTUAL DEVELOPMENTAL  
DISABILITY AUTHORITY**

metrocare.



# Who We Serve

Residents of Dallas County, at least three years of age and has either a:

- diagnosis of an intellectual and / or developmental disability (IDD) or other related condition
- pervasive developmental disorder, like Autism Spectrum Disorder
- nursing facility resident who is eligible for specialized services for IDD or related condition.

Eligibility to receive services is determined by Metrocare's Eligibility Determination Unit.

"At Metrocare, we believe that every person can reach their fullest potential. We are here to walk along side you and your family every step of the way."



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# Services Provided

When determined eligible to receive services, Metrocare coordinates supports like:

- Behavioral Support
- Community Support
- Day Habilitation
- Employment Assistance
- Nursing
- Respite
- Specialized Therapies (OT, PT, Speech)
- Vocational Training
- Coordination of Medicaid Services such as:
  - Community First Choice
  - Home & Community-Based Services
  - Preadmission Screening and Resident Review
  - Texas Home Living

## Getting Started

Phone: 214-333-7000

Email: [IDDEReferrals@metrocareservices.org](mailto:IDDEReferrals@metrocareservices.org)

Contact the Eligibility Determination Unit :

1. Set up an initial appointment.
2. Review documentation & payment process.
3. Assessment of IDD, IQ, and adaptive skills.

## What is the "interest list"?

Texas has Medicaid Waivers that allow your loved one to receive services like in-home care, respite and therapies. The waitlist for these programs known as an "interest list."

**Even if you are not sure you will need services, place your child on the interest list now. Call Metrocare today to enroll.**

**For Details Visit: [metrocareservices.org/lidda](https://metrocareservices.org/lidda)**