



**BOARD OF TRUSTEES  
MEETING MINUTES OF**

**January 26, 2017**

# METROCARE SERVICES

## Board Meeting Minutes

January 26, 2017

A Regular Meeting of the Board of Trustees of Metrocare Services convened on Thursday, January 26, 2017 at 1345 River Bend Dr., Dallas, TX 75247 (Mustangs Conference room).

### II. Call to Order/Roll Call:

Ms. Jill Martinez, Madame Chairman welcomed everyone and called the meeting to order at 1:33 pm. There was a quorum present.

#### Board Members Present:

Jill Martinez, Madame Chairman  
Dr. Leslie H. Secrest, Vice chairman  
Nurman Seals, Secretary  
Corey Golomb  
Dee Salinas Gutierrez  
Terry James

**Absent:** Judy Myers and Dr. Brenda Richardson Rowe.

**Staff Present:** Dr. John Burruss, Linda Thompson, Kyle Munson, Judith Hunter, and Kiziana DeFaca.

**Guest present:** Ruben Rios and Kelli Laos.

- II. **Citizen Comments:** The procedure for public comments was available at the meeting for those interested. No public comment was received.

### III. ISSUES TO BE CONSIDERED:

**Consideration of Acceptance of the December 1, 2016 Board Meeting minutes.** Ms. Martinez asked if anyone had any changes or corrections to the board minutes of December 1, 2016. Ms. Terry James referred to page 143444 under Assignment of Committee Appointment and said that the name should read Terry James and not Terry Price.

It was also noted that the second page on the agenda read December 1, 2016 and this should read January 26, 2017.

**Motion:** Dr. Secrest moved to approve the December 1, 2016 board meeting minutes as corrected. All were in favor, none opposed. The motion carried.

#### CHAIRMAN'S REPORT

Ms. Martinez said that the Commissioners Court reappointed Ms. Corey Golomb, Ms. Judy Myers and Ms. Dee Salinas Gutierrez to serve another term on the Metrocare board.

#### Board Liaison Reports:

Ms. Martinez referred to the Chairman's report and provided several highlights. She said last week she attended the Texas Council Quarterly meeting where she and Ms. Charlene Stark took the opportunity to visit with aides from the offices of Representatives Anshia, Anderson, Rinalda and Villalba, as well as Senators 143503

Hancock and Huffines. Ms. Martinez said they introduce the aides to the services we provide at the Steven A. Cohn Military Family Clinic at Metrocare, as well as the service array we provide at Metrocare. Ms. Martinez referred to two other handouts with information pertaining to the 85<sup>th</sup> Texas Legislature, the Health and Human Services Commission Legislative Appropriations Request (HHSR), State Budget Update, Spending Cap & Biennial Revenue Estimate. One of the handouts had information on the Texas Council's Legislative Priorities.

Ms. Salinas Gutierrez referred to the DCI program and asked for an update on the same. Dr. Burruss said for almost two years the state has been contemplating on cutting the rates based on a study of the rates in Arizona, but due to legal repercussions this has been put on hold.

**Upcoming Board and Committee meetings:**

Tuesday, February 21, 2017

- 11:30 am – Clinical Services committee
- 12:50 pm – Marketing and Development committee
- 12:10 pm – Finance and Administration committee

Thursday, February 23, 2017

- 12:45 pm – Quality & Authority committee
- 1:00 pm – Board Training
- 1:30 pm – Board meeting

The Legislative Action Committee will meet as a committee of the whole. All the meetings will be held at this same site.

**Special Events:** The Texas Council Annual Conference will be held in Galveston at the Moody Gardens Hotel. This will take place from June 28 through June 30, 2017.

Ms. Martinez referred to the last page in her report and a graph showing how the number of In Patient Psychiatric Beds has been reduced throughout the years.

**CHIEF EXECUTIVE OFFICER REPORT:** Dr. Burruss said that the success story for today comes out of the RAP team here at Metrocare and referred to Dr. Hunter to elaborate. Dr. Hunter introduced Nikole Kelly from the RAP team.

**Services Presentation – Rapid Assessment Program success story.**

Nikole introduced herself and said she is a Qualified Mental Health Professional (QMHP) with the Rapid Assessment Intervention Team (RAP) at Metrocare. Nicole presented the story of a 54 year old male she met in November 2014 when he was 51 years old and at a low point in his life. This individual had been hospitalized with psychosis and behavioral problems related to cocaine use. Previously connected with permanent housing, he was evicted from his apartment due to noncompliance of medications, drug usage and not complying with house rules. When discharged from the hospital he found himself homeless and went to live in a shelter. The RAP team together with the housing program identified ways to reconnect him to the supported housing program if he was agreeable to work with RAP on sober leaving and participating in his own recovery. This

included individual treatment in groups and medication management. He would remain in the shelter while participating on his goals. He was easy to engage, willing to address his addictions with drugs, identified stressors and bad influences and his social supports. Together they identified a plan to help him accomplish his goals.

She said Rap utilizes the triple time intervention model to assist individuals who are in crisis. This team strives to meet with the individuals wherever they may be at, this could be in a hospital setting, on the streets, being released from jail, and at the low points of the individual's lives. The RAP team works collaboratively with them to create a recovery plan and establish real life goals and we meet those goals through the use of psychosocial rehabilitation sessions, supported employment, assistance with obtaining and keeping housing, motivational interviewing and recovery from addiction using the harm reduction approach.

The client was referred to AA and they were able to connect him with a sponsor. Ms. Kelly said that this was the first time he showed remorse for his actions.

Metrocare helped him acquire his SSI, he is attending church multiple times a week, has new goals and would like to obtain his driver license because he wants to give back to the community helping out with Meals on Wheels.

Ms. Kelly said that this client met someone through his church and plans to propose to her on Valentine's Day.

Dr. Burruss and the Board members thanked Ms. Kelly for her presentation.

**Consideration of Acceptance of Chief Executive Officer Report for FY16 Business Plan Progress through December 2016:** This report was made a part of the packet. Dr. Burruss said that during the week of December 5, he felt that we had had a very successful week with NHC 5. We were able to present a short 3-5 minute presentation on mental health issues several times during the week and Metrocare staff helped with the phone bank. Dr. Burruss said that the calls that came in were not only for residents from Dallas County, but also from Denton, Tarrant and other surrounding counties. Dr. Burruss asked if there were any questions. There were no questions posed for Dr. Burruss.

**Motion:** Ms. Giombi moved to accept the Chief Executive Officer Report for December 2016. All were in favor, none opposed. The motion carried.

#### **REPORT OF THE FINANCE AND ADMINISTRATION COMMITTEE:**

Dr. Seerest referred to Mr. Munson to present these reports. Mr. Munson said both the November and December Financial reports were provided at the committee meeting and nothing has changed. Mr. Munson referred to the December report and some of its high points.

**Consideration of Acceptance of the Financial Report for November 2016 (unaudited):** This report was made a part of the packet.

**Consideration of Acceptance of the Financial Report for December 2016 (unaudited):** This report was made a part of the packet. Mr. Munson said that during the month of December there was a year to date increase of net assets of 4.9 million dollars. This is \$760K below plan. He pointed out that with the

exception of some extraordinary non-operating items such as the loss of the sale of the 1380 River Bend facility, an accounting error which over accrued expenses in the month of December for the Ashuler Center for Education and Research (ACER) and some contractual issues with Tarrant County regarding the XenaliX revenues. He said we are actually exceeding budget. We have operationally exceeded plan through the four months ending December 2016. Operationally we are ahead from the previous year. There were no questions posed for this item.

Motion: Ms. Martinez said the November and December financial reports were accepted at the Finance committee and a second is not required, as the recommendation came from the committee. All were in favor, none opposed. The motion carried.

**Consideration of Acceptance of FY17 First Quarter Reports on Finance:** This report was made a part of the packet. Mr. Munson said this report was presented in detail at the Finance and Administration committee and asked if anyone had any questions. There were no questions posed for these items.

Motion: Ms. Martinez said these come as a committee recommendation and a second is not required, as the recommendation came from the committee. All were in favor, and the motion carried.

**Consideration of Acceptance of the FY2017 Key Performance Indicators (KPI):** This report was made a part of the packet. Mr. Munson referred to page 423 of the finance packet. He said we have updated the FY17 Key metrics for the remainder of the year and we will be bringing this to the board on a monthly basis. Ms. Martinez asked the board members if everyone had had an opportunity to review the FY2017 Key Performance Indicator and if anyone had any changes or recommendations? There were no changes or recommendations made.

Motion: Ms. Martinez said this comes as a committee recommendation and a second is not required, as the recommendation came from the committee. All were in favor, and the motion carried.

**Consideration of Acceptance of Human Resources Report for December 2016:** This report was made a part of the packet. Ms. Thompson said Ms. Bell presented this report in detail at the Finance and Administration committee and asked if anyone had any questions. There were no questions posed for this item.

Motion: Ms. Martinez said this comes as a committee recommendation and a second is not required, as the recommendation came from the committee. All were in favor, and the motion carried.

**Consideration of Acceptance of Revision to Board Policy 5.01 on Human Resources Management and Development:** Ms. Thompson said that there were no substantive changes made to Board Policy 5.01. There were no questions posed for this item.

Motion: Ms. Martinez said this comes as a committee recommendation and a second is not required, as the recommendation came from the committee. All were in favor, none opposed. The motion carried.

**REPORT OF THE CLINICAL SERVICES COMMITTEE:** Ms. Martinez referred to Dr. Hunter for this report.

**Consideration of Acceptance of Clinical Services Division Reports for December 2016:** This report was made a part of the packet. Dr. Hunter said she presented this report in detail at the Clinical Services committee and it remains unchanged. She asked if anyone had any questions. There were no questions posed for this item.

**Motion:** Ms. Martinez said this comes as a committee recommendation and a second is not required, as the recommendation came from the committee. All were in favor, none opposed. The motion carried.

**REPORT OF THE QUALITY & AUTHORITY COMMITTEE:** Ms. Martinez referred to Ms. Thompson for this report. Ms. Thompson said the committee met prior to the board meeting and asked if anyone had any questions for her report. There were no questions posed for this item.

**Consideration of Acceptance of the Quality Management Report for December 2016:** This report was made part of the packet.

**Motion:** Ms. Martinez said this comes as a committee recommendation and a second is not required, as the recommendation came from the committee. All were in favor, none opposed. The motion carried.

**REPORT OF THE MARKETING & DEVELOPMENT COMMITTEE:** Ms. Salinas Gutierrez referred to Dr. Bauruss.

**Consideration of Acceptance of the Marketing and Development Report for December 2016:** This report was made a part of the packet. Dr. Bauruss said there have been no substantial changes since the meeting. There were no questions posed for this item.

**Motion:** Ms. Martinez said this comes as a committee recommendation and a second is not required, as the recommendation came from the committee. All were in favor, none opposed. The motion carried.

**REPORT OF THE LEGISLATIVE ACTION COMMITTEE:** Ms. Golomb called on Ms. Holliday for this report. Ms. Holliday provide this report on behalf of Ms. Stark.

**Consideration of Acceptance of the Legislative Action Report for December 2016:** This report was made a part of the packet. Ms. Holliday presented several highlights from this report.

**Highlights from the Select Committee on Mental Health report**

- Recommendations from the report include:
- Improve opportunities for integrated health care
- Develop a comprehensive plan for workforce development
- Address instability of over-reliance on and sustainability of the 1115 Waiver

- Increase funding for Texas Veterans Family Alliance in underserved communities
- Promote integrated care practices for children. Mental health and physical health are intertwined in childhood in ways that require us to treat the whole child
- Increase number of psychiatry residency slots

#### Remarks from the State of Texas Comptroller regarding budget

- There will be a total of \$104.87 billion to build budgets for 2018 and 2019, which is about \$3 billion less than 2016 and 2017

#### Texas Council bill tracker

- Texas Council has a bill tracker online to provide information about legislation relevant to our system of care. We are working to provide all board members access to the bill tracker.

#### Senate Bill 1 and House Bill 1 were filed on January 17

- Senate Bill 1
  - Adds \$44.1 million for Graduate Medical Education
  - Adds \$260 million for Child Protective Services
  - Provides \$1 billion to improve the State Hospital System and Address other state facility needs
  - Includes \$63 million to eliminate waitlists for community mental health services
  - Maintains the veterans' services and the Texas Veterans Family Alliance
- House Bill 1
  - Provides \$268 million to address CPS
  - Increases funding for behavioral health by \$162 million to eliminate waitlists and implement recommendations of the House Select Committee on Mental Health, including early identification, jail diversion and local collaborations to expand capacity of mental health treatment facilities.

Ms. Gilmohr said she really enjoyed this report and suggested that this report be provided to the board in order for Green to have this information available. An electronic copy of this report will be e-mail to the board later today.

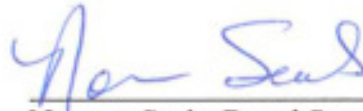
In reply to Dr. Secrest question Dr. Burruss presented information on Senator Jane Nelson's Senate Bill. He said this came in at \$103 billion well below the spending cap according to what the Comptroller said. This still includes huge increases in state hospitals funding, residency funding, and mental health funding. He said the House appropriations bill was much more liberal in its overall funding. They pulled a couple of billion dollars from the rainy day fund in order to reach its objective and they included more robust funding for mental health services. Discussion ensued.

Ms. Martinez provided information on the Bill Tracker that the Texas Council has available on their web-site. Dr. Secrest asked if this was accessible to the board. Ms. Holliday will follow-up with the Texas Council to find out if the Bill Tracker could be made accessible for our board.

Motion: Ms. Golomb moved to accept the Legislative Action Committee Report for December 2016. All were in favor, none opposed. The motion carried.

- III. Meeting Adjournment:** There being no further business to come before the Board, Ms. Martinez adjourned the meeting at 2:26 pm.

Minutes approved by:



Norman Seals, Board Secretary

Minutes distributed by: Martha L. Toscano  
Executive Assistant to the CEO/Board Liaison