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## Metrocare Awarded a \$3.9M federal grant for the Certified Community Behavioral Health Clinic Expansion Program

**DALLAS** – Today, Metrocare announces a \$3,999,992 grant award from the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Administration (SAMHSA) for the expansion of Metrocare as a Certified Community Behavioral Health Clinic (CCBHC). A federal investment of this magnitude has massive implications for better access to best-in-class, integrated behavioral health care across Dallas County.

The two-year grant will enable Metrocare to further expand Care Coordination and fund a 24/7 Crisis Continuum that will provide a crisis hotline, mobile crisis response unit, and enhanced clinical assessment, intervention, and stabilization services. Over the course of the two-year grant term, Metrocare anticipates serving over 5,000 adults and children with these enhanced behavioral health services.

"Investing in Dallas' designated Certified Community Behavioral Health Clinic has system-wide impacts," said Dr. John Burruss, Metrocare's Chief Executive Officer. "Too often barriers like transportation, housing, adequate nutrition, and co-occurring illnesses stand in the way of people accessing holistic health care. As a CCBHC, Metrocare's dedicated care coordination teams stand ready, alongside a network of robust partners, to change that paradigm and alleviate pressure on our jails, emergency rooms, and first responders."

"CCBHC's are transforming health outcomes across the country and across Texas. With Metrocare leading the way, Dallas will be no exception," stated Danette Castle, Chief Executive Officer of the Texas Council of Community Centers.

The Certified Community Behavioral Health Clinic (CCBHC) model is the national gold-standard of integrated behavioral health care with a proven track record of improving health outcomes nationwide.



According to SAMHSA FY2021 data, CCBHCs saw a 61.6% reduction in hospitalizations, a 62.1% decrease in emergency detention visits, and a 30.4% increase in overall mental health functioning.

Last August, the Texas Department of Health and Human Services designated Metrocare as **Dallas** County's first and only agency to achieve CCBHC status, giving Dallas the opportunity to further leverage federal investments in behavioral health when available.

Learn more about Metrocare's CCBHC designation and the CCBHC model <a href="here">here</a>.

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## **About Metrocare Services**

Metrocare is the largest provider of behavioral health services in Dallas County, serving over 53,000 adults and children annually. For over 50 years, Metrocare has provided a broad array of services to people with mental health challenges and developmental disabilities. In addition to mental health care, Metrocare provides primary care centers, services for veterans and their loved ones, accessible pharmacies, housing, and supportive social services. Alongside the clinical care, researchers and teachers from Metrocare's Altshuler Center for Education & Research lead the way in advancing innovative mental health research while training clinicians needed to expand the clinical workforce across the state. For more information, visit metrocareservices.org or call 214-743-1200. Follow us on Facebook and Twitter.

