



NEWS

1345 River Bend Drive
Dallas, TX 75247
www.metrocareservices.org

FOR IMMEDIATE RELEASE:
March 19, 2020

For more information contact:
Calley McGehee Herth
(405) 808-3590
Calley.Herth@metrocareservices.org

Lisa LeMaster
(214) 315-3222
lisa@lemastergroup.com

Metrocare Offers Mental Health Support Line for Area Residents

Largest provider of mental and behavioral healthcare augments services to community; professionals to be available to those who are anxious, depressed and fearful

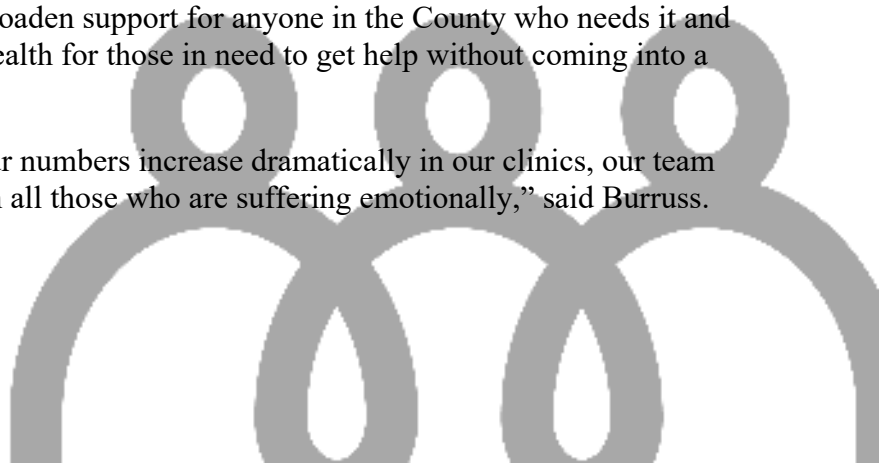
DALLAS, TX – Metrocare announced today the installment of a county-wide dedicated phone line for residents who need to speak with a mental health professional due to struggles related to coronavirus (COVID-19). The resource line is the Agency’s latest effort to help the community’s state of health and wellness during the current crisis. Additionally, Metrocare clinics remain open and available for walk-in appointments.

Dallas County residents experiencing anxiety, fear and/or depression because of the rapid succession of changes to their daily lives can call 214-743-1215 during business hours Monday through Friday. Metrocare professionals will be available to assist individuals in accessing mental health services and provide referrals for other resources that may be needed.

“In a crisis of this magnitude, we absolutely must protect and guard every aspect of our personal health, which certainly includes our mental well-being,” said Dr. John W. Burruss, CEO of Metrocare. “Our skilled experts can provide assistance to those who are understandably concerned or upset.”

The purpose of the phone line is two-fold: to broaden support for anyone in the County who needs it and to highlight and expand quicker access to telehealth for those in need to get help without coming into a clinic.

“As we began to see these events unfold and our numbers increase dramatically in our clinics, our team recognized the need to expand our care to reach all those who are suffering emotionally,” said Burruss.





NEWS

“Everyone is doing their part, and I am proud of how we have risen to the challenge of adapting our services for the community.”

Burruss called the new support line and telehealth initiative unprecedented, but necessary.

“With all of the resources at our disposal, including the ability to provide broader access to services through telehealth,” said Burruss, “I realized, if we don’t help, who will? Who else can do this important work? As we do day in and day out, we stand ready to help those in our community who may be experiencing significant mental health needs.”

The Metrocare resource line is: 214-743-1215 for Dallas County residents. Additional resources are provided here: metrocareservices.org/coronavirus.

###

About Metrocare Services

Metrocare is the largest provider of mental health services in North Texas, serving more than 60,000 adults and children annually. For over 50 years, Metrocare has provided a broad array of services to people with mental health challenges and developmental disabilities. In addition to behavioral health care, Metrocare provides primary care centers for adults and children, services for veterans and their families, accessible pharmacies, housing and supportive social services. Alongside the clinical care, researchers and teachers from Metrocare’s Altshuler Center for Education & Research are advancing mental health beyond Dallas County while providing critical workforce to the state. For more information, visit metrocareservices.org or call 214-743-1200. Follow us on [Facebook](#) and [Twitter](#).

