

DALLAS COUNTY'S LOCAL INTELLECTUAL DEVELOPMENTAL DISABILITY AUTHORITY





ABOUT METROCARE

THE LIDDA FOR DALLAS COUNTY

Metrocare is the largest provider of behavioral health services in Dallas County, serving nearly 55,000 adults and children annually. For over 50 years, Metrocare has provided a broad array of services to people with mental health challenges and developmental disabilities. In addition, Metrocare provides primary care centers, services for veterans and their loved ones, accessible pharmacies, housing, and supportive social services. Alongside the clinical care, researchers and teachers from Metrocare's Altshuler Center for Education & Research lead the way in advancing innovative mental health research while training clinicians needed to expand the clinical workforce across the state.

Metrocare is also Dallas County's Local Intellectual & Developmental Disability Authority (LIDDA). We serve as the front-door to coordinate all publicly funded intellectual and developmental disability programs.

WHAT WE DO

As Dallas County's LIDDA, our goal is to help your loved one access the long-term services needed to live in the community and achieve the highest quality of life. First, our team determines if your loved one is eligible to receive Texas Intellectual and Developmental Disability (IDD) Services. Then, we help connect you to the right resources and supports across our extensive provider network and beyond.

We also help enroll your child on the State waitlists for Medicaid waiver programs, known as the "interest lists" (see page 5). Tip! Don't wait to enroll. Waitlists for these programs are often 10+ years. While the wait is long, receiving these services can make a huge long-term difference.

DETERMINATION OF ELIGIBILITY

Metrocare will first set up an assessment to determine if a person has an intellectual or developmental disability and is eligible to receive LIDDA services. This is the first step in the process of determining what services are right for your loved one. At Metrocare, we take a personalized and individualized approach to each person we serve.

Contact the
Eligibility Determination Unit

214.333.7000

IDReferrals@metrocareservices.org

01

SET UP AN INITIAL VISIT

With Metrocare's Eligibility Determination Unit (EDU).

02

REVIEW PAYMENT PROCESS

View list of needed documents on our website.

03

CONDUCT ASSESSMENT

Includes assessment of IDD, IQ, and adaptive skills.

SERVICE COORDINATION

Once determined eligible for services, you and your loved one are assigned a Metrocare Service Coordinator.

Your Service Coordinator helps you access medical, social, educational and other services and supports so that your loved one can achieve the highest possible quality of life and community participation.

A description of services available on the pages to follow. Metrocare contracts with both public and private providers for the services listed below and beyond.





BEHAVIORAL SUPPORTS

Specialized behavior interventions to help preserve in-home, family, or community living. Supports include:

- developing a personalized behavior support plan from assessment findings;
- training and consulting with family members or other providers for comprehensive care;
- monitoring the success of the behavioral support plan and modifying if necessary.

COMMUNITY FIRST CHOICE

Serves those in need or currently with an institutional level of care. Services include:

- Personal Assistance with daily living, like eating, toileting, grooming, bathing, meal planning, financial management etc.;
- Training for caregivers on how to select, manage, and dismiss attendants;
- Emergency Response Services.

Metrocare will complete the IDD determination and coordinate with the Managed Care Organizations to facilitate services available through Community First Choice.

COMMUNITY SUPPORTS

Individualized activities provided in the person's home and in the community, such as:

- habilitation and support of daily living activities;
- activities for the person's family that help preserve the family unit and in-home placement;
- transportation between the client's home and employment site, day habilitation, or community activities.

CRISIS INTERVENTION & RESPITE

Crisis respite provides 24-hour supervision to a person in crisis for up to 14 days, either in the home or a facility. Crisis intervention specialists help families stabilize the individual and develop a crisis prevention plan.

DAY HABILITATION

Assists with self-help, socialization, and adaptive skills needed to live successfully in the community. Often provided in a group setting and includes personal care by a registered nurse.

EMPLOYMENT ASSISTANCE

Helps individuals locate paid jobs and:

- identify employment preferences, job skills, work requirements, and work conditions;
- identify prospective employers who offer appropriate employment;
- provide support services, supervision, and training to help sustain employment;
- vocational training for industry-specific employment.

NURSING

Licensed nursing staff to provide treatment of health care procedures, prescribed by a physician.

PREADMISSION SCREENING AND RESIDENT REVIEW (PASRR)

A federally mandated program that is applied to all individuals seeking admission to a Medicaid-certified nursing facility, regardless of funding source or age. PASRR has three main goals:

- To identify people, including adults and children, with mental illness, and/or an intellectual or developmental disability or related condition;
- To ensure appropriate placement, whether in the community or the nursing facility;
- To ensure people receive specialized services for mental illness, and/or IDD, if eligible.

First step: Submit a Level 1 Screening, a required screening for entrance into any Texas nursing facility that accepts Medicaid, regardless of payor source. The screening determines if an individual is suspected of having a mental illness or a related condition. If the screening is positive, an evaluation is completed and service coordination will begin.

Visit metrocareservices.org/PASRR for more information or contact the PASRR Program Manager at 972-861-5032.

RESPIRE

Planned or emergency short-term relief provided by trained staff to the person's unpaid caregiver.

SPECIALIZED THERAPIES

Assessment and treatment by licensed or certified professionals. Therapies include:

- social work services
- counseling services
- occupational therapy
- physical therapy
- speech and language therapy
- audiology services
- dietary services
- behavioral health services other than those provided by a local mental health authority.

MEDICAID WAIVER PROGRAMS

Metrocare helps you enroll. When your loved one receives a waiver slot, Metrocare provides service coordination and navigation.

Texas Health and Human Services releases waiver slots to individuals on the waitlist, also known as the "interest list." The waitlist for these slots can be 10 to 15+ years so contact us today to ask about enrolling your child now. Funding from the waiver programs also follow the individual across any part of the state. If you have recently moved to Dallas from another part of the state, Metrocare can help you connect to local services.

HOME & COMMUNITY-BASED
SERVICES

HCS

TEXAS HOME LIVING

TxHml

HCS and TxHmL provide supports so that individuals can remain either in their home, at a family member's home, or at a host-setting over a long period of time.

Services include:

- Residential Support Services (HCS only)
- Adaptive aids
- Minor home modifications
- Professional therapies
- Behavioral supports
- Dental treatment
- Nursing
- Respite
- Day habilitation
- Employment services



CONTACT US TODAY!



"At Metrocare, we believe that every person can reach their fullest potential. We are here to walk alongside you and your family every step of the way."

1330 River Bend Drive
Suite 300
Dallas, TX 75247-4914
(214) 333-7000
metrocareservices.org/LIDDA

