

Who We Are

Metrocare is Dallas County's Local Intellectual & Developmental Disability Authority (LIDDA). We serve as the front-door to coordinate all publicly funded intellectual and developmental disability programs.

Our goal is to help your loved one access the services needed to live in the community and achieve the highest quality of life.

First, our team determines if your loved one is eligible to receive Texas IDD Services. Then, we help connect you to the right resources and supports across our extensive provider network.



Contact Us

1330 River Bend Drive
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Dallas, TX 75247-4914
(214) 333-7000

metrocareservices.org/LIDDA



LIDDA Services

Local Intellectual and
Developmental Disability Authority



**Where every person can
reach their fullest potential.**

Who We Serve

Residents of Dallas County, at least three years of age and has either a:

- diagnosis of an intellectual and / or developmental disability (IDD) or other related condition
- pervasive developmental disorder, like Autism Spectrum Disorder
- nursing facility resident who is eligible for specialized services for IDD or related condition.

Eligibility to receive services is determined by Metrocare's Eligibility Determination Unit.



Navigating what long-term IDD services are available for your child or loved one?

Metrocare is here to help!

Services Provided

When determined eligible to receive services, Metrocare **coordinates supports** like:

- Behavioral Support
- Community Support
- Day Habilitation
- Employment Assistance
- Nursing
- Respite
- Specialized Therapies (OT, PT, Speech)
- Vocational Training
- Coordination of Medicaid Services such as:
 - Community First Choice
 - Home & Community-Based Services
 - Preadmission Screening and Resident Review
 - Texas Home Living

Getting Started

Contact the Eligibility Determination Unit :

1. Set up an initial appointment.
2. Review documentation & payment process.
3. Assessment of IDD, IQ, and adaptive skills.

For Details Visit:

metrocareservices.org/LIDDA

Phone: 214.333.7000

Email: IDDR referrals@metrocareservices.org

What is the "interest list"?

Texas has available Medicaid Waivers that provide services like at-home care, home modifications, respite, and a variety of therapies to help your loved one live a fulfilling life long-term. To qualify, there is a waitlist, also known as an "interest list."

Metrocare can help enroll your child.

