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## HHSC Designates Metrocare as a Certified Community Behavioral Health Clinic, the first in Dallas County

**DALLAS** – Metrocare Services today announced a monumental leap forward in behavioral health services for Dallas County. The Texas Department of Health and Human Services designated Metrocare as a Certified Community Behavioral Health Clinic (CCBHC), a national model creating the gold-standard of **integrated** behavioral health care.

Metrocare is the first and only organization in Dallas County to achieve the CCBHC designation. Through this model and as the largest provider of mental health and substance abuse services in Dallas County, Metrocare is poised to bring additional federal and state dollars to Dallas in future years.

The program's linchpin is its emphasis on care coordination. Metrocare formalized partnerships and Care Coordination Agreements with 39 Dallas County healthcare providers so that together, as a network, every patient will receive the holistic care they deserve. One of the forthcoming services will be expanded crisis interventions, Mobile Crisis Outreach Teams and ambulatory detox services.

"CCBHC is a gamechanger," states Metrocare Board Chairman Terry James. "After two years in the making, it puts Dallas on the national map as a behavioral health industry leader."

"CCBHC means that when a patient walks through Metrocare's doors, our clinicians already know through data-sharing platforms that our client had a recent hospitalization or a recent diagnosis of heart disease by her primary care doctor," CEO Dr. John W. Burruss described. "Our care coordinators will ensure no barrier to care is too great, meaning better health outcomes for all."

"We are proud to have Metrocare as Dallas County's CCBHC provider. It brings national standards and coordinated care to close the gaps and fragmentations that create persistent barriers to quality care for our most vulnerable neighbors in Dallas," said Dallas County Judge Clay Jenkins.



Created by a bi-partisan Congress via The Excellence in Mental Health and Addiction Treatment Expansion Act of 2014, the goal of this federal program is to transform service delivery by aligning to national best practices, shared metrics, and by breaking down silos and guaranteeing access to high quality mental health services through a coordinated system.

After two years of rigorous review, Metrocare joins the ranks of 16 other clinics certified across the state of Texas. The Texas Health and Human Services Commission commits to expanding the CCBHC service delivery model across the state as the future of behavioral health care.

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## **About Metrocare Services**

Metrocare is the largest provider of behavioral health services in Dallas County, serving more than 60,000 adults and children annually. For over 50 years, Metrocare has provided a broad array of services to people with mental health challenges and developmental disabilities. In addition to mental health care, Metrocare provides primary care centers for adults and children, services for veterans and their loved ones, accessible pharmacies, and housing and supportive social services. Alongside the clinical care, researchers and teachers from Metrocare's Altshuler Center for Education & Research lead the way in advancing innovative mental health research while training clinicians needed to expand the clinical workforce across the state. For more information, visit metrocareservices.org or call 214-743-1200. Follow us on Facebook and Twitter.

